

The world needs you.

**People with an activist heart,
empathy, compassion, imagination,
and optimism.**

People with intention—just like you.

Join us.

Enroll in the Bennion Center Community Engagement Certificate

Bennioncenter
U THE UNIVERSITY OF UTAH®

**Community Engagement Certificate:
Leadership for Social Change**

Leadership for Social Change

The Bennion Center Community Engagement Certificate offers a deeply engaged learning experience that is purpose-driven and action-oriented to address complex social and environmental challenges. Students are empowered to make a meaningful difference by understanding community assets as well as complex causes and consequences of social problems, recognizing and pursuing opportunities for change, working collaboratively, and taking thoughtful action.

Social change leaders know where and when change is necessary and possible. As citizens of their communities and the world, students are empowered as agents and advocates of hope, action, and the possibility of a more just, inclusive, and environmentally sustainable society. Coursework and experiences explore both the individual and collective roles in seeking positive and lasting change.

Community Engaged Learning and Career Development

Over two semesters, students will complete a capstone project while working with and in a community. Each capstone project includes significant community input. Students gain highly valued professional skills such as project management, leadership, collaborative communication, responsibility and response-ability, and commitment. Students finish the certificate equipped for nonprofit leadership, community organizing and activism, creating social impact at private sector firms, city/state/national government, or becoming social entrepreneurs.

Students who complete the Community Engagement Certificate will have the knowledge, skills, values, and confidence to create more just, equitable, and sustainable communities. By participating in the certificate program, you will be able to:

- Demonstrate a more complex and nuanced understanding of the root causes of systemic inequities;
- Demonstrate an increased understanding of the legitimacy of community knowledge—recognizing the needs and strengths of a community, as defined through the lens and experiences of that community—and how it complements academic knowledge;
- Demonstrate interpersonal competency skills such as leadership, ability to work collaboratively, problem-solving skills, and professional and ethical conduct;
- Promote wellbeing, healing, and hope through meaningful connections that create a shared sense of purpose and meaning.

The Community Engagement Certificate requires the completion of 21 credit hours, and is open to all undergraduates and all majors at the U of U. There are no specific admission requirements.

To schedule an academic advising appointment:
bennioncenter.org/certificate

**Community Engagement Certificate:
Leadership for Social Change**



Student Course Planner and Certificate Requirements

The Community Engagement Certificate consists of 21 credit hours of course work with a minimum of 15 credits in designated community engaged learning (CEL) courses. A student must earn a "C" or better for all requirements.

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A. Introductory Course (3 credit hours, CEL)

Select one of the following:

BENN 2030 Introduction to Civic Leadership

or

BENN 2020 Pathways to Community Engagement

Course semester

B. Any *two* Community Engaged Learning designated courses
(6 credit hours total, CEL)

- May count toward general education or major requirements
- Listed as CEL in the course schedule

Course semester

Course semester

C. One Course on a Strategy of Social Change (3 credit hours)

- A course on community organizing, policy development, advocacy, activism, social entrepreneurship
- **Must be approved by certificate program director**

Course semester

D. One Upper Division Elective 3000-level & Above
(3 credit hours)

- A course that will further prepare the student for the capstone; can include a research methods course or a writing for research course
- May count toward general education or major requirements
- **Must be approved by certificate program director**

Course semester

E. Community Capstone Methods and Practicum
(6 credit hours total, CEL)

Both courses required; courses must be taken in sequence

BENN 4825 Community Capstone Methods*

and

BENN 5929 Community Capstone Practicum**

semester

semester

* Prerequisites: BENN 2030 or BENN 2020 and one course on a strategy of social change

** Prerequisites: BENN 4825 and upper division elective

21 credits total (minimum 15 credits in CEL courses)

Community Engagement Certificate Learning Outcomes



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Knowledge (Theory, Concepts, Critique, and Engagement; Academic and Community Knowledge)

Students who complete the Community Engagement Certificate will be able to:

- 1.1 Demonstrate knowledge of the roles and responsibilities of an applied researcher and understand the politics and history of doing research and engagement in diverse communities.
- 1.2 Demonstrate a more complex and nuanced understanding of the root causes of systemic inequities (structural, political, social, economic, and environmental).
- 1.3 Critically analyze how their own assumptions, biases, privilege, or marginalization inform their understanding of social and environmental justice issues and how their positionality impacts their community engagement.
- 1.4 Demonstrate an increased understanding of the legitimacy of community knowledge—recognizing the needs and strengths of a community, as defined through the lens and experiences of that community—and how it complements academic knowledge.

Skills (Creative and Critical Thinking, Communication, Interpersonal and Intercultural Competency)

Students who complete the Community Engagement Certificate will be able to:

- 2.1 Demonstrate critical reflection and metacognition skills using diverse reflective modes from multiple vantage points; examine community challenges and make connections among community engaged experience and contextual factors.
- 2.2 Demonstrate interpersonal competency skills such as leadership, ability to work collaboratively, problem-solving skills, and professional and ethical conduct.
- 2.3 Demonstrate intercultural competency skills such as the ability to cross cultural boundaries and engage diverse perspectives to examine social and environmental issues.
- 2.4 Demonstrate research skills such as the ability to identify, critically analyze, and synthesize insights around systemic inequities from multiple cultural perspectives; demonstrate a working knowledge of quantitative and/or qualitative theories and principles as applied to community change.
- 2.5 Demonstrate professional communication (written and oral) skills that are respectful, bi-directional, and culturally sensitive; ability to demonstrate critical listening skills that help generate common ground with those from other positionalities.

Values (Civic and Social Responsibility Beyond Self)

Students who complete the Community Engagement Certificate will be able to:

- 3.1 Clearly articulate an increased sensitivity of responsibility and commitment to the public purpose of their chosen discipline.
- 3.2 Demonstrate values of social agency and the moral and political courage to take risks to achieve a greater public good.
- 3.3 Clearly articulate the social realities and life choices available to different individuals and communities.
- 3.4 Clearly articulate the connection between one's actions and beliefs and the well-being of communities and society overall.

Action, Advocacy, and Activism (putting knowledge, skills, and values into practice)

Students who complete the Community Engagement Certificate will be able to:

- 4.1 Enter, participate in, and exit a community with sensitivity toward systemic injustice and privilege.
- 4.2 Design, enact, and embody personal and professional strategies, policies, and practices that work toward creating greater equity and justice in diverse community contexts.
- 4.3 Promote wellbeing, healing, hope, motivation, and social agency through meaningful connections to self and others creating a shared sense of purpose and meaning.
- 4.4 Practice integrative learning by creating knowledge through campus-community partnerships.

BENN Course List

All BENN courses are CEL designated.

To schedule an academic advising appointment:

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BENN 2020 Pathways to Community Engagement (3 cr)

The Pathways to Community Engagement course serves as a foundational introduction to the myriad opportunities individuals have to participate as active citizens. Students will explore and examine the history and key tenets of community engagement, develop an understanding of civic competencies, and participate in community-engaged learning experiences.

BENN 2030 Introduction to Civic Leadership (3 cr)

Poverty, hunger, illiteracy, air quality, and access to healthcare are just some of the issues facing our communities. What are the root causes of these issues? Where do we even begin to address these large and complex challenges? This course will 1) introduce you to the theoretical preparation necessary to engage in community work; 2) guide you through learning, discussions, and reflections on the power of collaboration and community movements; 3) facilitate an introspective understanding yourself, your privileges, your identities, your talents, and your power to create positive change in the world; and 4) help you dive into a community engaged learning project that addresses an important community need.

BENN 2929 Bennion Center Alternative Break/Community Immersion (DV) (3 cr)

This course is the academic component to the Bennion Center's Alternative Break (AB) experiences. Each section of this course and its corresponding AB trip is collaboratively designed by students, faculty, and staff to address social, economic, political, and environmental issues through education, community engagement, and travel. Alternative Break teams and this course will address critical community issues such as food access, illiteracy, environmental degradation, gender, society equity/justice, animal welfare, discrimination, inadequate housing, hunger, and poverty in cities and communities different from their own. The course provides transformative deeply engaged community learning experiences that help students develop their civic competencies and inspire them to generate new ideas, global perspectives, and empathy, that fosters active and engaged citizenship.

BENN 3580 Costa Rica: Community, Systems, and Sustainability (3 cr)

This is a community engaged learning abroad course (CELA) to explore the power of community engagement in an international context. We will utilize the history, culture, and civic issues affecting Monteverde, Costa Rica, as a living laboratory. The course is composed of weekly on-campus

classes and a one week intensive in-country experience in Costa Rica over spring break. Central to Global Community Engagement in Costa Rica is the interdisciplinary and collaborative nature of community-based experiential learning. We will consider and discuss civic leadership, community health, and collective impact to better understand community engagement away from home.

BENN 3710 Creative Disruption for Justice, Equity, and Inclusion (3 cr)

Everything around us has been designed and authored—including systems of inequity and injustice. Students will critically engage creation narratives (Who benefited from the design? Who participated in the process? Who was harmed by the design?) and examine the foundations of creative and maker-led justice (shared principles, authentic relationships, longevity and impact, and collaboration and co-creation). Students will explore and identify the potential for positive and negative impact that the creative disciplines can have in the world.

BENN 3720 Theories of Change for Creative Disruption (3 cr)

An introduction to theories of change for those seeking long-term positive growth within their communities. Students will learn the component parts of a theory of change and explore the strengths/weaknesses of various theories of change (i.e., Positive Deviance, Public Narrative, and social movements including Civil Rights, Women's Rights, LGBTQI+ Justice). Students will gain an understanding of how methods, concepts, and theories are relevant to devising new maker-led strategies for change.

BENN 3780 Cuba: Complexity, Community, and Change (3 cr)

The complexities of Cuba cannot be understated. It is an historically isolated country trapped both gloriously and sadly in time. The U.S. Economic Embargo has taken its toll on the people of Cuba since the 1960's. This community engaged learning abroad course invites students to take a scholarly exploration of Cuba—its history, culture, social, and civic life—through community engagement. Students will build community both with each other and with community partners based in Havana. We will learn about the evolving diplomatic relations with the U.S. and the rest of the world, the daily issues facing Cuban families and society, the many misconceptions regarding the political dynamics of Cuba, and the rich scientific, literary, musical, scholarly, and cultural treasures that Cuba offers students and visitors.

BENN 4825 Community Capstone Methods (3 cr)

In this course, students enrolled in the Community Engagement Certificate program will develop and leverage their civic values, skills, habits, and awareness, to meet genuine community needs in their own unique community engaged capstone project. Students will learn tools and strategies to help build capacity so that individuals, families, and neighborhoods can thrive. Students will engage in mutually beneficial partnerships with faculty members and community organizations to design innovative solutions to issues facing their communities.

BENN 4950 Inclusive Dialogue (3 cr)

The purpose of this class is to provide students with practical knowledge, values, and especially skills in dialogue practice. Dialogue is an integrated and culturally sensitive approach to relationship and community building that can help people both understand and bridge the differences that divide us, strengthen communities, and collaborate to effectively address the issues that challenge us today.

Inclusive dialogue is a communication strategy that fosters relationship-building, community engagement, the celebration of difference, and social justice. Practicing inclusive dialogue requires cognitive understanding, social maturity, appreciation for diversity, and emotional sensitivity from participants and facilitators. Thus, this practice-oriented class engages students in the process of learning the crucial intellectual, emotional, and social frameworks and strategies that are required of dialogue participants and facilitators. Students will participate in experiential learning both in-class and in-community. Students will be challenged to self-reflect on their strengths that enhance dialogues and their struggles that may hinder their ability to effectively participate in and facilitate dialogue.

BENN 5845 Creative Disruption Capstone Studio I (3 cr)

Both scenario planning and strategic foresight come from the perspective that, while the future is not predictable, it is also not predetermined. In this course, students will focus on scenario design for social change. Scenario planning is a discipline for encouraging creative and entrepreneurial thinking and action in contexts of change, complexity, and uncertainty. Students will gain an understanding of the history of scenario planning, ideal situations for using the strategy, the research required to undertake scenario planning, and the process for its implementation. Students will complete a set of scenarios related to creating a more equitable, inclusive, and just future.

BENN 5929 Community Engagement Practicum (3 cr)

Students enrolled in the Community Engagement certificate and/or Bennion Scholars program will participate in a practicum experience to enact a community-engaged project, research, and/or programming. Building upon knowledge and experience gained from prerequisite courses, each student will engage in mutually beneficial partnerships to implement innovative approaches to issues facing their communities. Students taking the 3 credit course commit to working on their project for 50 hours and those taking the 6 credit course commit to working on their project for 100 hours over the semester.

BENN 5955 Creative Disruption Capstone Studio II (3 cr)

This course is a continuation of BENN 4845 Creative Justice Capstone Studio I. Working collaboratively alongside community partners and within communities, students will use their prior research to authentically include a diverse range of participants in thoughtful, inclusive, and supportive creative experiences. Throughout the creative process, students will develop, iterate, implement, and reflect on potential solutions to mutually identified community challenges. These projects will involve diverse stakeholders, leverage the complexity of human relationships, critique belief systems, and disrupt power imbalances. By listening to all voices, using generative dialogue, and choosing a human-centric design process of co-creation, students will learn how creatives can be co-leaders of conditions in which just systems can emerge and flourish.